6th International Symposium Intra Articular Treatment

Krakow 7-9 October 2021

Congress Chairman
Alberto Migliore
Director of Unit of Rheumatology - Ospedale S. Pietro FBF - Rome, Italy
President of National Foundation of ultrasound guided Hip Intra-Articular Therapy (ANTIAGE)

Scientific Secretariat
Giovanni Boni
Surgery of Sport Medicine - Perugia, Italy
I am pleased to invite you to the 6th International Symposium on Intra-Articular Treatment in the beautiful city of Krakow.

The ISIAT Symposium is held every two years, it moves across Europe and continuously gathers most relevant experts on different topics regarding Intra-Articular access, therapeutic targets and tools and future developments.

This edition will feature lectures and speeches by leading experts, in order to encourage discussions and stimulating interactions. Furthermore, it will also host several practical courses of ultrasound-guided joint injections, applied to all kind of joints. So the ISIAT Symposium also will be a big opportunity for those who want to learn or improve their skills in Intra-Articular injections.

The ISIAT Symposium will give an outstanding opportunity to investigators and clinical practitioners to show their latest researches in selected oral presentations or posters.

I kindly invite scientists and clinicians interested in Intra-Articular research and treatment in rheumatology, orthopedics, sport medicine, pain medicine, rehabilitation and interventional radiology to take this opportunity to present and discuss their latest research findings together with other investigators and key opinion leaders.

The aim is to create a unique, interdisciplinary and stimulating environment focused on developing a wide interchange and improvement of Intra-Articular management of joint diseases.

It will also be the chance to develop synergies among different stakeholders of Intra-Articular world.

**Given the pandemic situation, the event will be organised in hybrid format. I invite you to visit the congress website regularly to stay updated.**

I look forward to welcoming you all in Krakow!

Prof. Alberto Migliore
Congress Chairman
**Congress Chairman**
Alberto Migliore
Director of Unit of Rheumatology, Ospedale S. Pietro FBF, Rome, Italy

President of National Foundation of Ultrasound Guided Hip Intra-Articular Therapy (ANTIAGE)

**Scientific Secretariat**
Giovanni Boni
Surgery of Sport Medicine
Perugia, Italy

**Scientific Board**
Raveendhara R. Bannuru, USA
Xavier Chevalier, France
Cosimo De Bari, UK
Demirhan Diracoglu, Turkey
Gabriel Herrero-Beaumont, Spain
Emmanuel Maheu, France
Raghu Raman, UK
Sandro Tormenta, Italy

**Local Committee**
Tomasz Blicharski, Poland
Piotr Godek, Poland
Organizing Secretariat
AIM Group International
Milan Office
Via G. Ripamonti, 129 - 20141 Milan, Italy
Ph. +39 02 56601.1 - Fax +39 02 70048578
isiat2021@aimgroup.eu

Secretariat and registration desk
The onsite registration desk will pen according to the schedule below:
- Thursday 7 October 10.00-18.30
- Friday 8 October 08.00-19.00
- Saturday 9 October 08.00-18.00

Opening ceremony
The Opening Ceremony of the Congress will be held on October 7, 2021 at 16.00 in the room Krakow 1.

Language
The official language is English.
No simultaneous translation will be provided.

Exhibition
An exhibition of pharmaceutical and technical products will take place in the Congress Venue throughout the Meeting. Additional opportunities for sponsorship are available. To receive the Sponsor Prospectus please contact the Organizing Secretariat.

Visa Requirements
All non-Polish nationals entering the Poland must provide valid travel documentation. Delegates who hold neither an EU passport nor a Schengen visa should check as soon as possible the Polish Ministry of Foreign Affairs’ website to see if they require a visa to enter the Poland.

Visa regulations depend on your nationality and country of origin. For the most updated information regarding visa requirements, we do suggest you contact your local consulate for full and official instructions on the specific visa regulations and application procedures that apply to you.

If a visa is required, delegates should apply to the Polish Diplomatic and Consular Representations in their country of residence with the documents outlined on the Ministry of Foreign Affairs’ website.
Invitation letters to the conference may be downloaded online at registration area of our website.

Please Note:
- Visa applications may take several months. Please check this now.
- Visa application fees vary. Please contact the embassy or consulate in order to enquire about costs.
- Presentation of the requested documentation does not guarantee that the visa will be issued.

AIM Group will be glad to assist you if you need any other written invitation or other document to support your visa application at the following e-mail address: visa@aimgroup.eu
## ON SITE Registration Fees
All the fees are 23% Polish VAT included

<table>
<thead>
<tr>
<th>Delegate ANTIAGE - CREI - GUIDA - SIAGASCOT - SIR - SIRM member</th>
<th>WITHIN 23 JULY 2021</th>
<th>FROM 24 JULY 2021/ ONSITE</th>
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<tr>
<td>Delegate NON member</td>
<td>€ 315,00</td>
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<td>Delegate from developing countries *</td>
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## VIRTUAL Registration Fees

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<th>WITHIN 23 JULY 2021</th>
<th>FROM 24 JULY 2021</th>
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*Developing countries registration fee refers to Low income and Lower-middle-income economies, as defined according to the World Bank Country Classification. [Click here](#) for more information on the Country Classification data.

The registration deadline will be: September 22, 2021

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### THE ON SITE DELEGATE FEE INCLUDES

- Admission to the scientific sessions
- Complete meeting materials
- Certificate of attendance
- Access to the exhibition and poster area
- Coffee breaks and lunches as scheduled in the program

### THE VIRTUAL DELEGATE FEE INCLUDES

- Admission to the scientific sessions
- Virtual Congress bag with complete meeting materials
- Certificate of attendance
**Practical Sessions Fees** All the fees are 23% Polish VAT included

<table>
<thead>
<tr>
<th>Practical Session</th>
<th>Fee</th>
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<tbody>
<tr>
<td>1 Practical Session</td>
<td>€ 105,00</td>
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<td>2 Practical Session</td>
<td>€ 170,00</td>
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<tr>
<td>3 Practical Session</td>
<td>€ 210,00</td>
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<tr>
<td>4 Practical Session</td>
<td>€ 240,00</td>
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</tbody>
</table>

Practical Sessions will be scheduled on October 7 and 9 and the participation is not included in the congress registration fee.

Practical Sessions will be scheduled on October 7 and 9.

Each session will focus on one of the following topics: ankle, knee, hip, shoulder, hand and wrist, sacroiliac, elbow, vertebra facet, temporomandibular joint, dry needling.

Participation is not included in the congress registration fee and each course has a limited number of 20 delegates.

**Confirmation of Registration**
An invoice will be issued as written confirmation of your registration by the Organizing Secretariat
Payment

- By Credit Card: All major credit cards are accepted (American Express, VISA, Eurocard/Master Card)
- By Bank Transfer: Please transfer the payment to: AIM Italy S.r.l.

Bank Details
INTESA SANPAOLO S.P.A.
Filiale di Milano n.6
Viale Coni Zugna 62 - Milan - Italy
IBAN: IT57D 03069 09457100000005623
BIC: BCITITMM

Please note your registration will not be confirmed until full payment is received. Please send a copy of the bank transfer to:
isiat2021@aimgroup.eu

> The payment transfer form should clearly state ISIAT 2021 + NAME AND SURNAME OF THE DELEGATE

> In case of cancellation at any stage, bank transfer admission fee (€ 30,00) will not be refunded - applicable to Bank Transfer payments only.

The registration deadline is September 22, 2021

Cancellations
Notification of cancellation must be sent in writing to isiat2021@aimgroup.eu
• Cancellations received within 20th August included will entitle the participant to a 70% refund. 30% will be kept by the Organizing Secretariat as expenses charge.
• Cancellations received after 20th August 2021 - No refund.

Name changes
After September 13, 2021 name changes are charged with an handling fee of € 50,00 (VAT 23% included) per name change. A new registration form for each replacement participant will be required before the name change can be processed.
Individuals may make name changes only in exceptional cases. Please contact the Organizing Secretariat for further info.
**Hotel Doubletree by Hilton ******
Dąbska 5
31-572, Kraków (Poland)
TEL: +48 12 2014000

The hotel is adjacent to Galeria Plaza and within five kilometers of the city center, the historic Old Town, and Wawel Castle.

**Book your stay in Krakow**
The organizing Secretariat has reserved a block of rooms at a negotiated favourable rate at the Hotel Doubletree by Hilton ****, which is the congress venue.

Click here to reserve your room!

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**How to reach the venue**

**From the Airport to the hotel**
- **By Taxi** - price around 15 Euros (best option)
- **By Train** - from the Airport to the Kraków City Center + taxi

**From the city center to the hotel**
- **By tram** - number 14
  Take a tram on a stop “Dworzec Główny Tunel” (Main Railway Station Tunnel), get off on Dąbie
- **Night bus** - number 662
  Take a bus on a stop “Lubisz”, get off on Dąbie
- **By Taxi** - price around 5 Euros max.
Kraków is the second largest and one of the oldest cities in Poland. Situated on the Vistula River in the Lesser Poland region, the city dates back to the 7th century. Kraków has traditionally been one of the leading centres of Polish academic, cultural, and artistic life and is one of Poland’s most important economic hubs. Indeed it was the capital of Poland from 1038 to 1569.

Kraków began as a hamlet on Wawel Hill and was already being reported as a busy trading centre of Slavonic Europe in 965. With the establishment of new universities and cultural venues at the emergence of the Second Polish Republic in 1918 and throughout the 20th century, Kraków reaffirmed its role as a major international academic and artistic centre. Today the city has a population of approximately 760,000 and about 8 million people live within a 100 km radius of its famous main Market Square.

In 1978, Karol Wojtyła, archbishop of Kraków, was elevated to the papacy as Pope John Paul II - the first Slavic pope ever, and the first non-Italian pope in 455 years. Also that year, UNESCO approved the first ever sites for its new World Heritage List, including the entire Old Town in inscribing Cracow’s Historic Centre. Kraków is a beautiful and historic City to visit and is a leading European City Break location.

### Features of Krakow

- **Kraków’s Old Town (Stare Miaso)** is amongst the most impressive medieval locations in Europe and was an obvious choice for UNESCO’s World Heritage List. Packed with beautiful buildings and history, it also have many fantastic restaurants and bars.

- **Kraków’s Royal Route.** One of the most enjoyable way to take in Kraków’s Old Town is to trace the historic path of royal coronations from Floria ska Gate to the castle and cathedral on Wawel Hall, where most of Poland’s regal ancestors are buried there in the royal crypts.

- **Kazimierz** lies just below Kraków’s Old Town, with Podgórze on the other side of the Vistula river. Historically considered the Jewish quarter of the city, Kazimierz has an atmosphere all of its own and is a great place to eat and drink. Podgórze is up and coming, with some of the most exciting new museums and galleries.

**Interesting websites:** https://visitkrakow.com/
Abstract Submission

Participants interested in making an oral or poster presentation are invited to submit an abstract. All abstracts will undergo review by the Abstract Review Committee, to determine which abstracts may be accepted.

To submit your abstract please click here and register.

Notification on acceptance of the abstracts will be e-mailed by June 25, 2021.

For each abstract, an author is expected to attend the congress and present the poster or oral communication. The presenting author of the accepted abstract must register by the registration deadline (23 July 2021) and attend the Congress.

Abstract for which no author has registered to attend the Congress by 23 July 2021 will not be included in the Congress Scientific Programme.

Grants

The Italian Society of Rheumatology (SIR) will provide 10 grants to participants selected for oral or poster presentations which have reached a high score and found to be particularly meritorious by the Referees.

Only the presenter of a selected abstract will be eligible for the grant and he/she should be a SIR member, younger than 40 years old and in good standing with the membership fees (2021 included). The grant of € 1.000,00 gross will be recognized directly by SIR to the authors of selected abstracts after the congress. The winners are bound to join the conference and pay the registration fee.

The Organizing Secretariat will contact the winners at the end of June and give them all the instructions.

UEMS/EACCME Accreditation

An application has been made to the EACCME® for CME accreditation of this event.

CME Provider

AIM Education - Provider n. 93
Via G. Ripamonti, 129 - 20141 Milan, Italy
Tel. +39 02 56601.1 - Fax +39 02 70048585
cme@aimgroup.eu - www.aimeducation.it
### Thursday 7 October

<table>
<thead>
<tr>
<th>hrs</th>
<th>PLENARY ROOM</th>
<th>ROOM A</th>
<th>ROOM B</th>
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<tbody>
<tr>
<td>10.00</td>
<td><strong>Registrations Opening</strong></td>
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<tr>
<td>11.30-13.00</td>
<td>Practical Course: Ankle</td>
<td>Practical Course: Knee</td>
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<tr>
<td>13.00-14.30</td>
<td>Practical Course: Hip</td>
<td>Practical Course: Shoulder</td>
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<tr>
<td>14.30-16.00</td>
<td><strong>h. 15.00 Exhibition Opening</strong></td>
<td>Practical Course: Hand and Wrist</td>
<td>Practical Course: Sacroiliac</td>
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<td>16.00-16.30</td>
<td><strong>OPENING CEREMONY</strong></td>
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<tr>
<td>16.30-17.00</td>
<td><strong>LECTURE</strong></td>
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<tr>
<td>17.00-17.20</td>
<td><strong>INDUSTRY SPONSORED SESSION</strong></td>
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<td>17.20-18.20</td>
<td><strong>FIRST SESSION</strong></td>
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**Programme Overview**

**Friday 8 October**

<table>
<thead>
<tr>
<th>hrs</th>
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<tbody>
<tr>
<td>08.30-09.15</td>
<td>SECOND SESSION</td>
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<tr>
<td>09.15-09.45</td>
<td>LECTURE</td>
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<tr>
<td>09.45-10.15</td>
<td>MAIN LECTURE</td>
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<tr>
<td>10.15-10.55</td>
<td>INDUSTRY SPONSORED SYMPOSIUM</td>
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<tr>
<td>10.55-11.15</td>
<td>Coffee break</td>
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<tr>
<td>11.15-12.15</td>
<td>THIRD SESSION</td>
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<tr>
<td>12.15-12.55</td>
<td>INDUSTRY SPONSORED LECTURE</td>
</tr>
<tr>
<td>12.55-14.00</td>
<td>Lunch</td>
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<tr>
<td>14.00-14.40</td>
<td>INDUSTRY SPONSORED SYMPOSIUM</td>
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<tr>
<td>14.40-15.40</td>
<td>FOURTH SESSION</td>
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<tr>
<td>15.40-16.20</td>
<td>INDUSTRY SPONSORED SYMPOSIUM</td>
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<tr>
<td>16.20-16.40</td>
<td>Coffee break</td>
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<tr>
<td>16.40-17.10</td>
<td>LECTURE</td>
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<tr>
<td>17.10-18.00</td>
<td>FIFTH SESSION</td>
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**Saturday 9 October**

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<tr>
<th>hrs</th>
<th>PLENARY ROOM</th>
<th>ROOM A</th>
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<tr>
<td>08.30-10.30</td>
<td>SIXTH SESSION</td>
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<tr>
<td>10.30-10.50</td>
<td>INDUSTRY SPONSORED SESSION</td>
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<tr>
<td>10.50-11.10</td>
<td>Coffee break</td>
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<td>11.10-11.50</td>
<td>SEVENTH SESSION</td>
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<tr>
<td>11.50-13.00</td>
<td>ROUND TABLE</td>
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<tr>
<td>13.00-14.00</td>
<td>Lunch</td>
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<tr>
<td>14.00-14.50</td>
<td>ORAL COMMUNICATIONS</td>
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<tr>
<td>14.50-15.00</td>
<td>CLOSING REMARKS</td>
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<tr>
<td>15.00-16.30</td>
<td>Practical Course: Elbow</td>
<td>Practical Course: Lumbar facet joint</td>
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<tr>
<td>15.00-16.30</td>
<td>Practical Course: Dry needling</td>
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<tr>
<td>16.30-18.00</td>
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Thursday 7 October

11.30 - 13.00 Practical Course: Ankle
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13.00 - 14.30 Practical Course: Hip
13.00 - 14.30 Practical Course: Shoulder
14.30 - 16.00 Practical Course: Hand and Wrist
14.30 - 16.00 Practical Course: Sacroiliac
16.00 - 16.30 OPENING CEREMONY
16.30 - 17.00 LECTURE
   The Italian Sports Medicine Federation (FMSI): Indications and procedures of intra-articular therapy in athlete
17.00 - 17.20 INDUSTRY SPONSORED SESSION
17.20 - 18.20 FIRST SESSION
   • The right phenotype with the right PRP formulation for knee OA
   • Mesenchymal Stromal Cells for the regeneration of the Intervertebral Disc
   • The prospective of Treating joint niched cells
   • Searching for the right doses of Intra-articular injection of autologous bone marrow mesenchymal stem cells
Friday 8 October

08.30 - 09.15  SECOND SESSION
- Potentialities for cartilage repair from human advanced knee OA synovial fluid-derived mesenchymal stem cells
- Mesenchymal stromal cell products for intra-articular injections for management of OA
- Secretome and Extracellular Vesicles: a promising therapeutic approach for Knee Osteoarthritis

09.15 - 09.45  MAIN LECTURE
IA therapy where we are

09.45 - 10.15  LECTURE

10.15 - 10.55  INDUSTRY SPONSORED SESSION

10.55 - 11.15  Coffee break

11.15 - 12.15  THIRD SESSION
- The chance of Microsponges for intra-articular treatment
- The evidence of Intra-Articular Hypertonic Dextrose (Prolotherapy) for Knee OA
- Tribosupplementation in OA

12.15 - 12.55  INDUSTRY SPONSORED SESSION

12.55 - 14.00  Lunch
Friday 8 October

14.00 - 14.40 INDUSTRY SPONSORED SESSION

14.40 - 15.40 FOURTH SESSION
  • Viscosupplementation for the recovery of the athletes
  • Use of viscosupplements in patients affected by knee OA in the working age
  • The powerful placebo effect in osteoarthritis

15.40 - 16.20 INDUSTRY SPONSORED SESSION

16.20 - 16.40 Coffee break

16.40 - 17.10 LECTURE
  Future Cell and Gene Therapy for Osteoarthritis (OA)

17.10 - 18.00 FIFTH SESSION
  • Dry needling: methodology and indication
  • Peritendinous injections: technical procedures
Saturday 9 October

08.30 - 10.30 SIXTH SESSION - PERSPECTIVES OF THE SCIENTIFIC SOCIETIES
• Injective management of tendinopathy: consensus of the ESSKA
• A proposal for a novel classification of PRP for the treatment of knee OA
• Position Statement of American Society of Interventional Pain Physicians (ASIPP): Bone Marrow Concentrate (BMC) Therapy in Musculoskeletal Disorders
• Viscosupplementation from an Indian Expert Consensus Perspective
• Brazilian Consensus on Viscosupplementation
• Clinical indications for image-guided interventional procedures from the European Society of Musculoskeletal Radiology (ESSR): upper limb
• Clinical indications for image-guided interventional procedures from the European Society of Musculoskeletal Radiology (ESSR): lower limb
• EUROVISCO Recommendations: update

10.30 - 10.50 INDUSTRY SPONSORED SESSION

10.50 - 11.10 Coffee break

11.10 - 11.50 SEVENTH SESSION
Saturday 9 October

11.50 - 13.00  ROUND TABLE:
                 Appropriateness of oral NSAIDs and intra-articular HA in combination or not according with different OA phenotypes

13.00 - 14.00  Lunch

14.00 - 14.50  ORAL COMMUNICATIONS

14.50 - 15.00  CLOSING REMARKS

15.00 - 16.30  Practical Course: Elbow

15.00 - 16.30  Practical Course: Lumbar facet joint

16.30 - 18.00  Practical Course: Dry needling
Ferran Abat, Spain
Lyudmila Alekseeva, Russia
Isabel Andia, Spain
Raveendhara R. Bannuru, USA
Giovanni Boni, Italy
Xavier Chevalier, France
Thierry Conrozier, France
Cosimo De Bari, UK
Orazio De Lucia, Italy
Luca Di Sante, Italy
Demirhan Diracoglu, Turkey
Elie El DahDah, Lebanon
Silvana Giannini, Italy
Belarmino Goncalves, Portugal
Sibylle Grad, Switzerland
Paulo Cezar Hamdan, Brazil
Philippe Hernigou, France

Gabriel Herrero-Beaumont, Spain
Gregory Jay, USA
José Maria Lamo de Espinosa, Spain
Nicola Maffulli, Italy
Emmanuel Maheu, France
Natalia Martusevich, Belarus
Umberto Massafra, Italy
Ali Mobasheri, Lithuania
Sujeet Narayan Charugulla, India
Savid Rabago, USA
Raghu Raman, UK
Guillermo Alvarez Rey, Spain
Antonio Rinaldi, Italy
Mikel Sànchez, Spain
Luca Maria Sconfienza, Italy
Sandro Tormenta, Italy
Visit the Congress website

www.isiat2021.com